

# Miracle League of CT Everybody Dance Now COVID-19 Guidelines

*The COVID-19 pandemic has impacted all our lives. We want so badly for things to return to “normal”. While we are not quite there yet, we want to be able to take some small steps towards that goal. We will be offering our Everybody Dance Now program to our players in a modified way so that we can remain as safe and healthy as possible. We will be establishing guidelines that are documented here. Of course, the decision to participate belongs to the parents. We fully understand that some of our dancers may be immuno-deficient. We trust that parents will consult with their physicians if that is the case. We will of course be prepared to adjust all plans in accordance with local, state, and federal guidance. **The program will be held outdoors each week at the Miracle League Field in West Hartford. In case of inclement weather, we will move to a remote Zoom class if necessary. Families will be sent a Zoom Class invite each week if weather prevents us from holding the class outdoors.***

## General Miracle League Field Guidelines

- Families are asked to arrive at the field no more than 15 minutes before their scheduled class time.
- We ask that families follow social distancing protocols once they enter the Miracle League property, including in the parking lots and in all other areas of the property.
- All adults must wear a face covering when on the property.
- Use of the Miracle League Field will be limited to dancers and their immediate family members. We ask that you do not invite any spectators for whom it is not necessary to be there.
- Families are asked to leave the Miracle League Field immediately following their class.
- Concession stands will not be open during class.
- All teachers, dancers, and family members who will be going on the Miracle League field must enter through the gate on the third base side and exit on the first base gate.
- We will use a no-touch thermometer to monitor the temperatures of anyone who will be entering the Miracle League Field. Anyone with a temperature of 100° or higher will not be allowed onto the Miracle League field and will be asked to return home.
- We will have hand sanitizer available at both entrance and exit points.
- Anyone who is having any of the following symptoms should not enter the field:
  - Active COVID-19 infection
  - Fever
  - Unexplained Cough
- If you or anyone in your family has been in contact with anyone who has been diagnosed with (or is suspected to have) COVID-19 we ask that you don't come to the Miracle League field for a minimum of 14 days since your last contact with that person(s).

# Class Guidelines

- There will be 2 classes per week.
  - Class 1 will begin at 10am for dancers ages 4-11.
  - Class 2 will begin at 11:00am for dancers ages 12 and up.
  - Classes will last 45 minutes
  - Age groupings are subject to change depending on registration
- Classes will be limited to a total of 15 dancers per class
- **To eliminate one level of transmission of COVID-19 we will not have volunteer buddies to assist dancers on the field if they require help. Assistance for dancers on the field must be provided by a family member of the player.**
- There will be a minimum number of teachers and coordinators on the field.
- All adults and dancer helpers (regardless of age) must wear a face covering while on or near the Miracle League Field.
- Dancers are not required to wear face coverings although, if they can, we encourage them to.
- Class will be held outdoors if the weather forecast allows, we encourage the dancers to dress appropriately.
- If it is too cold or bad weather, the class will be held remotely on the Zoom platform. We will email an invite by 9 am each day if necessary.
- A dancer showcase will be held at the end of the program on the Miracle League Field if weather permits. If not, the dancer showcase will be held online via Zoom.